

My God, I offer you My
soul and heart.
All I do or hear or say,
all my work and all my
play.
Please bless my family
and I today.
I love you Jesus stay
with me I pray.
Amen.

Our Father,
Who art in Heaven, hallowed
be Thy name; Thy Kingdom
come, Thy will be done on
earth as it is in Heaven.
Give us this day our daily
bread; and forgive us our
trespasses as we forgive
those who trespass against
us; and lead us not into
temptation, but deliver us
from evil. Amen.

Hail Mary full of Grace,
the Lord is with thee.
Blessed are thou among
women and blessed is
the fruit of thy womb,
Jesus.
Holy Mary Mother of
God, pray for us sinners
now and at the hour of
our death. Amen.

Glory be to the
Father and to the
Son and to the Holy
Spirit.
As it was in the
beginning, is now
and ever shall be,
world without end.
Amen.

Now I lay me down to
sleep, I pray the Lord
My soul to keep.

And if I die before I
wake, I pray the Lord
My soul to take.
Amen.

Dear Jesus,
As I settle in my bed, help
me rest my little head. If I
wake in the night, kiss my
cheek, I'll be alright.

Bless my family and the
ones I love, watch us all from
up above.

May Angels watch me
through the night,
And wake me with the
morning light. Amen.

Angel of God, my
guardian dear, to
whom God's love
commits me here.
Ever this night be at
my side, to light and
guard to rule and
guide. Amen.

My Prayer Book